

## Awareness of mental health, dementia and learning disability

By completing this course, you will be able to:

- List how someone may feel if they have mental health conditions such as: Psychosis, Depression, Anxiety, Dementia, Learning Disabilities.
- The issues may be physical, social or psychological and will affect the individual in different ways.
- Explain how these conditions may influence a person's needs in relation to the care that may require.
- Explain why it is important to understand the different causes and support they need.
- Explain how positive attitudes towards those with mental health conditions, dementia or learning disabilities will improve the care and support they receive.
- Describe the social model of disability and how it underpins positive attitudes towards disability and involving people of their own care.
- Describe what adjustments might need to be made to the way care is provided if someone has a mental health conditions such as: Psychosis, Depression, Anxiety, Dementia, Learning Disabilities.
- Describe how to report concerns associated with any unmet needs which may arise from mental health conditions, dementia or learning disability through agreed ways of working.
- Explain why early detection of mental health needs, dementia or learning disability is important.
- Give examples of how and why adjustments to care and support might need to be made when a mental health condition, dementia or learning disability is identified.
- List the main requirements of legislation and policies that are designed to promote the human rights, inclusion, equal life chances and citizenship of individuals with mental health conditions, dementia or learning disability is identified.
- Explain what is meant by the term 'capacity.'
- Explain why it is important to assume that someone has capacity unless there is evidence that they do not.
- Explain what is meant by 'consent', and how it can change according to what decisions may need to be taken.
- Describe situations where an assessment of capacity might need to be undertaken and the meaning and significance of 'advance statements' regarding future care.

*(We are working in partnership with the Grimsby Institute to support existing staff with development; they offer a wide range of short courses along with Diplomas in Health & Social care.)*

***Certificate awarded upon completion of induction. T&C's Apply.***