

## Moving & Handling

By completing this course, you will be able to:

- Provide an overview of manual handling law and legislation.
- Understand how manual handling operations can cause injury and harm.
- Understand how to reduce the risk of back injury.
- Understand the value of risk assessments and how they apply to safe manual handling practice.
- Complete a practical session on the correct moving and handling of individuals.

*(We are working in partnership with the Grimsby Institute to support existing staff with development; they offer a wide range of short courses along with Diplomas in Health & Social care.)*

*Certificate awarded upon completion of induction. T&C's Apply.*